

Rhedwyr Eryri Harriers  
Cyfarfod cyffredinol blynyddol/ Annual General Meeting

Date	Wednesday 13th Nov 2024	
Venue	Y Llofft, Y Felinheli, Beach Road	
Attendance		Anna Drinkwater to record
Apologies	Jennifer Charlton, Kate Worthington, Geoff Fielding, John Mainwaring, Ross Roberts	
Chair's report		Nia Albiston
Section reports	<p>Mountain</p> <ul style="list-style-type: none"> <li>• Suzie gave a summary of the club champs results for this year. It was 3/7 races to count. All the counting races were organised by club members.</li> <li>• May change club champs next year to improve participation as only 9 members completed the series this year.</li> <li>• UTS race- Tess Elias did well</li> <li>• The Tuesday Evening Series was a great success again. Mostly organised by club members, notably Mike Blake.</li> </ul>	Suzie Richards
	<p>Road</p> <ul style="list-style-type: none"> <li>• See attached report</li> <li>• Welsh Castles relay great success</li> <li>• Appeal for participation in Borders League.</li> </ul>	Arwel Lewis
	<p>XC</p> <ul style="list-style-type: none"> <li>• See attached report</li> <li>• Appeal for participation in XC</li> <li>• Volunteers will be needed for North Wales champs in Jan-Eryri joint organisers with Menai T&amp;F. Also need baked goods to sell!</li> </ul>	Helen Blair
	<p>Treasurer</p> <ul style="list-style-type: none"> <li>• See attached accounts</li> <li>• Good year financially</li> </ul>	Ian Robson
	<p>Membership</p> <ul style="list-style-type: none"> <li>• See attached report</li> <li>• Total members 255</li> </ul>	Kate Worthington

	<ul style="list-style-type: none"> <li>Proposed membership subscription for 2025/26:</li> <li>£36.50 Senior</li> <li>£25.00 Student or Over 65</li> <li>£14.00 Junior (40p increase)</li> <li>£5.00 Social</li> <li>Fees kept largely static due to good financial position of club despite increase in WA fees.</li> </ul>	
	<p>Junior Training</p> <ul style="list-style-type: none"> <li>See attached report</li> <li>Always need more helpers- contact Neal if wanting to help</li> </ul>	Neal Hockley
	<p>Equipment</p> <ul style="list-style-type: none"> <li>Mike received a grant of £250 from First Hydro- bought 5 new radios for the club, and new clip boards and bibs.</li> <li>Has hired out the club clock and other pieces of kit which has brought in income for the club.</li> </ul>	Mike Blake
	<p>Club contribution/volunteer award</p> <ul style="list-style-type: none"> <li>Introduced this year</li> <li>Nobody has met threshold yet</li> <li>The T shirts that are to be given as the reward have arrived</li> <li>James to advertise award scheme on Spond</li> <li>Also to send monthly reminders via social media etc</li> </ul>	James Harwood
Priority Items to cover	<ol style="list-style-type: none"> <li>The proposed amendments to the club constitution were approved with the suggestion from Arwel Lewis to include trail and ultra running in 'objective of club section' also being approved.</li> <li>Proposed grievance Policy- approved</li> <li>Transport to club races e.g. XC in Aberystwyth, lack of interest for a mini bus. A contribution to petrol money will be provided for individuals</li> </ol>	

	taking several club members in their cars. Amount to be finalised by the committee.	
Electing committee Members for 2025	<p>Co-chairs: Nia-Meleri Edwards, James Harwood</p> <p>Secretary: Anna Drinkwater</p> <p>Treasurer: Ian Robson</p> <p>Membership sec: David Buse</p> <p>Mountain Sec: Suzie Richards, Lizzie Richardson (Bryony North to share role if Lizzie moves house this year)</p> <p>Road sec: Arwel Lewis &amp; Dyfed Whiteside Thomas</p> <p>XC sec: Helen Blair</p> <p>Junior Training: Neal Hockley</p> <p>Press Officer: open- Dyfed Whiteside Thomas later agreed to temporarily fill this role.</p> <p>Equipment: Mike Blake</p> <p>Social Sec: Katie Reynolds</p> <p>Website: Ian Edwards</p> <p>Adult training: James Harwood</p> <p>Ordinary Member: Dafydd Williams, Owain Williams, Lyndon Robers, Kate Worthington</p> <p>Welfare Officers: Helen Morgan but Bryony North to take-over once obtained required qualifications, Dyfed Whiteside Thomas</p>	
Any other business:	<p>Honorary Member proposals- Maggie and Alwyn Oliver to become Honorary members.</p> <p>Next Club Event: Eryri X mas fun run, volunteers will be needed, contact Mike Blake if interested in helping.</p>	



## RHEDWYR ERYRI HARRIERS

**FORMED:** at the Royal Victoria Hotel, Llanberis, on the 7th September 1977.

### AGM 2024 ROAD RUNNING REPORT

#### ON THE ROAD AGAIN

**Eryri Harriers** have had a busy time on the roads this year which included the Welsh Castles Relay from Caernarfon to Cardiff Castle (8<sup>th</sup>/9<sup>th</sup> June) in which 20 of our club members had the honour of running a leg and it was all about representing the club in such a prestigious event. We were placed 41<sup>st</sup> overall of the 60 teams competing.

#### **WELSH CASTLES RELAY REVIEW**

So proud of all the Eryri Harriers who ran a stage of the Welsh Castles Relay and all the support staff: Sioned & Jac Rowlands. My wife Ann, her sister Sharon. our stage 17 Marshalls - Ian Edwards (Who the previous day had run and won the Pilgrims Ultra 60-mile race from Bangor to Aberdaron) Peter Lewis (A social member who made the effort to travel down to Cyfathfa and support the club having previously run for Eryri in the relays) Haydn Jones and after completing his stage, Dylan Owen. Tom Roberts and Meirionnydd for helping with all the stage logistics. A special mention to Les Croupiers, 20 races over two days is quite an achievement, the camaraderie amongst the competitors, support staff and the event organisers was superb. Well done to everyone involved.

#### **Eryri Harriers Stage Runners:**

**Stage 1 Caernarfon to Penygroes - Jennifer Charlton** had the honour of leading Eryri off on the road to Cardiff and completed the 9.1-mile stage in a time of 66:54.

**Stage 2: Penygroes to Criccieth - Nic Brook** completed the 10.7-mile stage, finishing 9th overall in a time of 60:57.

**Stage 3 (Mountain) Criccieth to Maentwrog - Eiliw Haf Roberts** completed the 12.3-mile stage in a time of 1:22:57.

**Stage 4: Maentwrog to Harlech - Matt Bartlett** completed the 9.5-mile stage in a time of 64:12.

**Stage 5: Harlech to Barmouth - Rhys Ab Elwyn** completed the 9.5-mile stage in a time of 70:58.

**Stage 6: Barmouth to Dolgellau - Mike Whyatt** finished 9th overall, completing the 10.7-mile stage in a time of 61:13.

**Stage 7: (Mountain) Dolgellau to Dinas Mawddwy - Tom Wood** led most of the way to the highest point of the 10.1-mile stage but had to be content with the runner-up position as both he and race winner James Heneghan (Pontypridd) broke the course record. Tom finishing in a time of 55:49.

**Stage 8: Dinas Mawddwy to Foel - Gareth Hughes**, more noted for his fell and mountain prowess, ran very well to finish 7th overall on the 10.8-mile stage in a time of 61:29.

**Stage 9: Foel to Llanfair Caereinion - Glyn Griffiths** completed the 8.5-mile stage in a time of 59:16.

**Stage 10: (Mountain) Llanfair Caereinion to Newtown - Dafydd Evans** was hampered by stomach cramps on the 13.1-mile stage and did well to finish in a time of 1:29:15.

**End of day one!**

**Stage 11: (Mountain) Newtown to Llanbadarn Fynydd - Paul Hodges**, despite being part of the support crew for a Paddy Buckley Round runner the previous evening, Paul made the 7am start line for the 10.5-mile stage, finishing in a time of 1:24:31.

**Stage 12: Llanbadarn Fynydd to Crossgates - Dylan Owen** completed the 11.2-mile stage in a time of 1:20:01.

**Stage 13: Crossgates to Builth Wells - Mike Snell** completed the 10.6-mile stage in a time of 1:18:37.

**Stage 14 (Mountain) Builth Wells to Drovers Arms - Owain Williams** completed the 10.8-mile stage in a time of 1:12:22.

**Stage 15: Epynt Visitor Centre to Brecon - Dilwyn Rowlands** completed the 12:8-mile stage in a time of 1:31:23.

**Stage 16 (Mountain) Brecon Canal Basin to Torpantau -** Despite a right hamstring issue after only half a mile! **(Arwel Lewis)** managed to complete the 12.5-mile stage in a time of 1:41:28.

**Stage 17: Taf Fechan Railway Station Torpantau to Cyfarthfa Castle. Merthyr - Tina McDonnell** completed the 8.7-mile stage in a time of 1:14:45.

**Stage 18: Rhyd y Car. Merthyr to Navigation Park. Abercynnon - Lynne Parry** on her Eryri debut completed the 9.1-mile stage in a time of 71:53.

**Stage 19: Navigation Park. Abercynnon to Nantgarw - Nia Meleri\_Edwards** completed the 7.7-mile stage in a time of 66:13.

**Stage 20: Caerphilly Castle to Cardiff Castle - Elen Ap Robert** on her Eryri debut had the honour of running the anchor 9.9-mile stage, finishing in a time of 1:23:51.

Eryri were placed 41st overall of the 60 teams taking part while several course records were broken, taking part, and being involved in this historic and prestigious event was a valuable experience for everyone.

Well done to everyone involved in the 2024 Welsh Castles Relay

## **CAERNARFON 10K**

345 finishers and over 400 entries ensured a record attendance for the event which included an Inter-County match between North Wales, Cheshire, Shropshire, and Staffordshire with

Staffs taking the team titles in both the male and female competition. The race was won by Vinnie Martin (City of Stoke AC/Staffs) 32:01 while Tracy Rogers (Buckley RC/North Wales) was the first female finisher in 21st position overall with a time of 35:41 which is a new record for the Caernarfon 10k race though Emily Kearney's 34:22 is the actual course record when the route was used for last year's Borders Road Running League race.

Thank you everyone for taking part, running, and assisting with the organising of the event.

### **CAERNARFON 10K FUTURE ORGANISATION**

I have now organized 32 Caernarfon 10k events be it in a clockwise or anticlockwise direction (Depending on the wind direction!) Starting out with 72 competitors at the start of the century, to nearly 400 runners this year, from a health & safety perspective, the Coed Helen Road section is too narrow for that amount of runners especially so this year with the roadside hedges being so overgrown without formally applying for a short road closure at a cost: 3 days or less - £1,061 (iii) Temporary Prohibition or Restriction on roads for Special Events: Order: £2,514, Notice: £1,061. I am looking at possibly merging the race with RunWales Caernarfon Half Marathon on Sunday 7<sup>th</sup> September next year. Chris Yorke (RunWales) already has a road closure in place. It would bring the 10k race into the centre of Caernarfon though, I will have to remeasure the 10k race route and the merger could possibly affect the 10k and Half Marathon number of runners participating? Another option would be to increase the entry fee from its current £13 for affiliated runners and £15 for Unattached runners to cover the costs of the road closure or, carry on as we are and run the risk of a vehicle-pedestrian (Runner) collision!

### **BORDERS ROAD RUNNING LEAGUE**

The Borders League offers our athletes of all ability six free races, that is correct, a free race for all Eryri members and one relay race a year at distances ranging from 5 to 10km in a club friendly atmosphere, in all, since joining the League in October 1998, Eryri have competed in 169 Borders League races. The 2023/24 season was quite successful with several individual awards most notably: 1<sup>st</sup> Male/65 John Jones ahead of 2<sup>nd</sup> M/65 Arwel Lewis. 3<sup>rd</sup> Senior Female Anna Drinkwater and 2<sup>nd</sup> M/75 Don Williams (There is no M/80 category) while our women were placed 8<sup>th</sup> and our men 4<sup>th</sup> of the 11 teams in their respective 2<sup>nd</sup> Divisions. After two races of the 2024/25 season, both our men and women are well placed in their respective 2<sup>nd</sup> Divisions, 3<sup>rd</sup> and 4<sup>th</sup> respectively and if we continue to turn out in numbers (No matter what standard you are) we could be challenging for promotion once again. Our men have not been in Division 1 since 2012/13 having won promotion the previous year as Division 2 champions in 2011/12 after relegation in 2010/11. Our men have won the league twice in the 2007/08 and 2008/09 seasons. Our women must go back to 2008/09 for their one and only season in Division 1 having being promoted as runners-up the previous year. Despite being entrenched in Division 2 for so long, our athletes have won numerous individual trophies as well as five team improvers trophies between our men and women

### **2024 ROAD RUNNING CHAMPIONSHIPS**

14 races this calendar year with the best results from 7 events to count though, 6 races completed will ensure a ranking position. (An extra 10 points were awarded for every completed Border League race this year) With 2 races to go (Conwy H/M and Borders League

– Trac M6n) Nic Brook and Ian Edwards are battling it out for the male honour while Nia-Meleri looks on course to secure the women’s title unless Anna Drinkwater can outscore her in the last two events.

**LONDON MARATHON CLUB ENTRIES UPDATE:** I no longer have to apply for our club entries, all clubs will be emailed by the end of this month, November. Club entries are allocated as follows:

<b>Number of first claim members</b>	<b>Number of entries</b>
0-9	Zero
10-39	Ballot for 228 guaranteed entries (one per successful club)
40-189	1
190+	2

Club entries will be at the standard UK entry price of £69.99.

Overall, there have been some outstanding performances on the roads by our athletes this year to date with numerous personal bests at various road distances, race wins and regional as well as National representation honours (Too many to mention) We have a nucleus of youngsters, mainstay and the old guard wearing the distinctive Eryri vest with pride. I, for one am proud and honoured to be an Eryri Harrier and feel a great sense of satisfaction in seeing our members running/racing in the club vest to the best of their ability. The Eryri Harriers are not all about elite athletes, we cater for runners of all abilities who will be the mainstay of the club for years to come. Eryri Harriers do not just represent our club, we represent the Eryri region.

**ERYR ERYROD ERYRI – THE EAGLE OF THE EAGLES OF SNOWDONIA**

I am eternally grateful to everyone who have given up their time to help at the Caernarfon 10k race, Welsh Castles Relay and Borders League this year and to everyone who have contributed with assisting the club in whatever capacity, and to everyone who have worn their Eryri vest with pride in races both at home and abroad.

Enjoy your running

**ARWEL LEWIS, ROAD RUNNING SECRETARY**

**ERYRI HARRIERS**  
**AGM NOVEMBER 2024**  
**CROSS COUNTRY REPORT**

Last season (2023/24) 68 Eryri runners participated in four North Wales cross country league races, represented North Wales at the Welsh inter-regional championships and the British inter-counties championship, raced in the North Wales cross country championships, represented Wales at the BMAF home nations cross country, and competed at the Welsh cross country championships.

Notable results were:

Gemma Moore and Mike Whyatt      First place in age group in all races

Tom Wood                                      Second at Welsh nationals

With Gemma Moore and Russell Owen winning the club championship awards in March 2024.

So far there have been two fixtures in the 2024/25 North Wales cross country league, with strong turn outs by the Ladies and older men, and sufficient men. A few Juniors raced in Colwyn Bay at the first fixture, but just one (Catrin Evans) at Wrexham.

So far the notable performances are Noa Vaughan, whilst still an Under 20 was 3<sup>rd</sup> overall in race one, and 4<sup>th</sup> in race two. Gemma Moore has, so far, been leading the Eryri ladies home; and Russell Owen the older men.

The Ladies and Vet Ladies are currently first in the Team rankings, with the older men are also lying first. The men, who need six team counters are lying fourth, with the Vet men also lying fourth. May I remind you, it's the sixth counter for the men's team that is the most important. You may not think you are fast, but helping the team avoid penalty points can be vital for the season's results.

The next events are the inter-regional championships (16 November) followed by the third league race on 30 November in Aberystwyth. I (or Anna) will use "spond" to assess car share or minibus possibilities for the trip to Aberystwyth. Don't worry if you have not raced cross country before, numbers can be obtained on race day, so just turn up with your Eryri club vest.

There are also some mixed (2F+2M) cross country relays on 14 December in Colwyn Bay in various age groups. Get in touch if you would like to be involved, and I will enter some teams.

Eryri are hosting (with assistance from Menai Track and Field) the 2025 North Wales cross country championships at Treborth, Bangor on 4 January 2025. This requires separate entry from the league, so watch the NWXC website, and Eryri emails for information. On the day I'll need some assistance with set up, marshalling, finish line help, and clearing up, as well as cakes for the pop up café. If everyone does a little bit, its easier for everyone.

Are there any questions?

Thank you all for the support, especially Anna who sends the group emails out (and translates them).

Helen Blair

Nov 2024.



## ERYRI HARRIERS

### STATEMENT OF INCOME AND EXPENDITURE FOR THE YEAR ENDING 30<sup>TH</sup> SEPTEMBER 2024

<u>DETIAL</u>	<u>INCOME</u>	<u>EXPENDITURE</u>
Caernarfon 10k Race	1,733.00	-
Lee Mills 2024	120.00	682.00
Christmas Fun Run	130.00	-
X Country Food Stall	421.00	-
Pedol Peris 2023	(202.00)	60.00
Pedol Peris 2024	3,500.00	250.00
Peris Horseshoe	250.00	-
Gladstone 9	189.00	-
Tal Y Fan Donation	25.00	-
Fron Four	105.00	-
Race the Train	1,600.00	-
Morbengno – Italy	-	100.00
North Wales Cross Country League 2024	-	150.00
Junior Snowdon Marathon Donation	500.00	-
British Fell Relay Champs 2024	-	1,090.00
IT Costs	250.00	462.00
Merchandising	-	260.00
Other	25.50	140.00
AGM	160.00	600.00
Kit Signs	250.00	290.00
Hire of Clock and Radios	70.00	-
Membership Fees	5,679.00	2,613.00
Presentation Evening	240.00	1,135.00
Accountancy 2024	-	230.00
Bank Interest	84.00	-
	<hr/>	<hr/>
	15,129.50	8,062.00
Opening Current Account Balance [01.10.2023]	13,665.20	
Opening Savings Account Balance [01.10.2023]	4,316.64	
Opening Accountancy Accrual		210.00
Surplus of the year to 30.09.2024	7,067.50	
Banked after 30.09.2024		5,233.41
Closing Prepayments for October 2024 Race		490.00
Closing Accountancy Accrual	230.00	
Closing Current Account Balance [30.09.2024]		6,944.83
Closing Savings Account Balance [30.09.2024]		12,401.10
	<hr/>	<hr/>
	25,279.34	25,279.34

#### Floats as at 30.09.2024

Natwest Account (Race Train) - £236.67

Natwest Account (Peris) - £7.14

Lloyds Account (Maesgwyn) - £93.76

Without carrying an audit, the above Statement of Incomes and Expenditure was prepared from the records and information provided to us.

#### **Emyr Mortimer Cyf**

32 y Maes  
Caernarfon  
Gwynedd  
LL55 2NN

## **Eryri Harriers AGM – Wednesday 13 November 2024**

### **Membership Secretary Report**

Total members: 255 (including 6 x Second Claim members) Senior members: 205

Total male members: 165

Male senior members: 136

Total female members: 90

Female senior members: 69

Junior members: 50

Male junior members: 29

Female junior members: 21

*Data as at 6/11/24 – extracted from Welsh Athletics portal by Emyr Jones - Club Modernisation and Facilities Coordinator*

Firstly, my apologies for not being able to attend this year's AGM due to being away. Thank you to 2023's outgoing Membership Secretary, Jacki Miller, for her assistance and support in handing over knowledge and information, after I took on the role of Membership Secretary after last year's AGM. Also, a huge thanks must be given to online entry provider Fabian4 for previously looking after membership services for Eryri Harriers.

Up until April 2024, Eryri Harriers worked successfully with Fabian4 to process online membership, and the club liaised with Welsh Athletics (WA) to process Welsh Athletics affiliation fees. For anyone fulfilling the Membership Secretary role, this required working with 2 x online systems, hard copy notes and 2 x sets of personal data, including CSV files and an online database. Also in April 2024, WA developed capacity for club members to pay for their own membership online, creating a more unified process for the club to manage membership data/payments and WA affiliation fees.

The transition to using the WA online portal for managing membership payments, as well as processing affiliation fees did increase administration time for the Membership Secretary role initially, but a major advantage is now club member personal data is only held in one central WA location and there is growing capacity for club members to manage/amend their own data. With this in mind, it's time to remind members to log on to the 'MyAthletics' area of the WA website, using their Unique Reference Number (URN) and Password to check their account details are accurate (especially email address) as this will help when membership renewals are managed next April. 'Forgot URN/Password' links are available if needed – but of course any password reminders will be emailed to the email address on the system, so if an email address has changed, then contacting the Membership Secretary can help to check this (using the email address below). Some members did indeed miss receiving Payment Requests in April of this year, based on email addresses bouncing/changed, so please do check your details in time for renewals next year.

Current club memberships/WA affiliations are valid until 31 March 2025. At the beginning of April 2025, all current members will be sent Payment Requests to pay for the next round of membership/WA affiliation. For anyone that is not currently an Eryri Harriers member, and hasn't been a member of any other UK affiliated club in the last 3 years (a NEW member), then the WA portal allows them to join for the 25/26 membership year anytime from 1 January 2025 – thus giving them membership that runs for 15 x months, until 31 March 2026.

Through the year the Committee have received a very small number of enquiries questioning the necessity for club members to pay WA affiliation fees by default, and whether a membership category that does not include WA fees would be appropriate. Each query has been received with respect and discussed by the Committee. Managing this process would require using a separate/second membership system for a very small group of members (including payments), thus increasing requirements for volunteer Committee members to manage different processes. So decisions have been taken to keep the membership structure as is for now.

Please do use the email address below for any membership related queries – diolch yn fawr iawn.

Kate Worthington – Membership Secretary. [EHMembershipSec@mail.com](mailto:EHMembershipSec@mail.com)

## Rhedwyr Eryri Harriers

### Juniors Report

It's been another successful year for Eryri juniors, with lots of success on the hills, cross country, roads.

#### Training

Around 30-35 young runners regularly train with us. We train three times a week, as follows:

- Minis: Tuesdays 5:30-6:30pm. Primary school yrs 3-6. 10-16 kids per session.
- Maxis: Tuesdays 6:30-7.45pm. Secondary school yrs 7-13. 10-16 runners per session.
- Sunday mornings hill run for secondary age kids. 9am from various locations, 6-12 per session, longer hill runs & navigation.

Nia-Meleri Edwards and Jordan Collins have recently completed their Leader in Run Fitness courses supported by the club (with Jordan also completing his Mountain Leader independently) and together with Math Roberts they are now leading the minis sessions on Tuesday evenings.

#### Successes

So many! But here's some highlights:

- Welsh vests: Efa Baines, Cai Dafydd and Noa Vaughan represented Wales in Mountain Running at the Junior Home International in Wicklow, Ireland in September. Noa led the Welsh team home coming 2<sup>nd</sup> in the under-20s men, Efa was 3<sup>rd</sup> Welsh counter in the U20s Women, and Cai Dafydd helped the MU17 to a team bronze coming 8<sup>th</sup> overall, 2<sup>nd</sup> Welsh counter.
- North Wales vests (Fell): Once again Eryri supplied a good portion of the N Wales team for the Inter Counties Junior Fell champs: Dylan Billington, Olwen Baines, Bethan Billington, Gruff Anderson, Cai Dafydd, Anwen Hockley, Deri Hockley. Thanks to Mike Blake for driving/team management.



*Seb Perrin Roberts winning Foel Fenlli in the English Champs*

- North Wales vests (X-C): the following have been selected to represent North Wales in the Welsh Inter-regionals in Newtown in two weeks: Noa Vaughan, Mabli Baines, Efa Baines, Olwen Baines, Deri Hockley, Cai Dafydd, Catrin Evans.
- WFRA Junior Fell Running Champs, Abergynolwyn: Seb Perrin Roberts (MU9), Poppy Collins (FU11), Ynyr ap Rhys (MU13), Deri Hockley (MU17) all won their age groups.
- WFRA North Wales Junior Fell Running Series: Evie Sergeant (FU17), Poppy Collins (FU11), Cai Dafydd (MU17), Anwen Hockley (FU19) all won their age categories.
- FRA English Junior champs. Poppy Collins (U11G) and Seb Perrin Roberts (U9B) won their categories at the Foel Fenlli race, with River Collins 4<sup>th</sup> in U11B. Poppy Collins also picked up 1<sup>st</sup>, 3<sup>rd</sup> and 4<sup>th</sup> places at other FRA Champs races.
- Râs yr Wyddfa: Martha Davies won the FU14, with Ania Mair Edwards coming second, and Poppy Collins won the FU12.



*Martha & Ania at Ras yr Wyddfa*

## Events

The junior section has organised a number of events over the last year, including:

- **Marathon Eryri Junior Races:** Once again Sarah Worth organised the junior races at this year's marathon on behalf of the club. Many thanks to everyone who helped marshalling etc. Marathon Eryri makes a very generous donation to the club in thanks each year, which we are using to get more parents qualified as leaders and coaches.
- **WFRA North Wales Junior Fell Race Series:** Eryri hosted all 5 of the 6 races in this series, including Rasys Cedris which were a joint All Wales champs. 30-50 juniors competed at each race.
- **Tuesday Evening Series juniors (u9s-u15s):** Jordan and Pixie Collins took over the organisation of the junior races this year and did a fantastic job.



**Diolch yn Fawr** None of this would be possible *Eryri juniors warming up for Moel Tryfan 1* without the support of:

- The club – adult members subsidise the junior section, helping to pay for coach training, equipment etc.
- Helpers/marshals: Thanks to all those in the club and beyond who've helped with junior races and training sessions over the last year.

Rhedwyr Eryri Harriers AGM attendance 2024

Name	Meal	Peris Volunteer	Hon member	Attended?
Anthony Davies	Veg	yes		
Ellie Salisbury	Veg/GF	NO	Hon	yes <del>85</del>
Jackie Lee	Veg	yes		yes R
Margot Saher	Veg	yes		M Saher
James Harwood	Meat	yes		Harwood
Dave Buse	Veg	yes		Mr Buse
Garfield Jones	Meat	yes		GJ
Tess Elias	Veg	yes		<del>TE</del>
Ieuan Belshaw	Meat			IB
Siwan Glyn	Meat	Yes		SG
Geoff Fielding	veg	yes		
Adam Hunt	veg	yes		<del>AH</del>
Ian Robson	meat			IR
Wedi Evans	veg			WE
Chris Unsworth	veg			<del>CU</del>
Bryony North	veg			BN
Anna Drinkwater	Veg			A Drinkwater
Samuel Drinkwater	Veg			<del>SD</del>
Dyfed Whiteside Thomas	Meat	Yes		DW
Rhian Thomas	Meat	Yes		R Thomas
Helen Blair	Veg	Yes		H Blair
Nia albiston	Veg			<del>NA</del>

Mike Blake	Meat	Yes	Hon	MB
Megan Hughes	Meat			X
Owain Williams	Meat			✓
Felicity Aries	Meat			Felicity
Shaun De Clancy	Meat			Shaun DC
Maggie & Alwyn Oliver	Veg X2	Yes X2		Maggie Alwyn Oliver
Sharon Owen	Meat	Yes	Hon	S. Owen
Arwel Lewis	Veg	Yes	hon	Arwel
Neal Hockley	Meat			Neal
Preben Vangburg				
Levente Incze	Meat	Yes		Le
Mary Gillie	Veg			
Eurwyn Edwards	Meat	No		E. Edwards
Nia-Meleri Edwards	Veg	No		Nia
Ian Edwards	Meat	No		Ian
Ioan Edwards	Meat	No		Ioan
Helen Morgan	Veg			
Suzie Richards	Veg	yes		SR
Katie Reynolds	Meat	Yes		KR
Kasia Osipowicz	Veg			Kasia
Russell Owen	Meat			Russell
Lynden Roberts	Meat			Lynden